

# Old Chicago Menu Guide

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
		grams			mgs
<b>Starters- per serving (all starters are 4 servings per item) includes all sides and sauces</b>					
Artichoke Dip	317	21	24	3	595
Cheese Garlic Bread	263	16	19	2	515
Chicken Tenders (Buffalo)	246	18	10	1	892
Chicken Tenders (Plain)	210	14	9	0	520
Italian Nachos	354	18	29	1	812
Italian Nachos (Half)	185	10	14	0	414
Mozzarella Sticks	230	11	21	1	625
Nachos Grande	530	29	46	4	596
Nachos Grande (Half)	280	16	23	2	354
Nachos Grande w/Chicken	576	32	46	4	882
Nachos Grande w/Chicken (Half)	303	17	24	2	497
Pretzels N Dip	221	7	35	2	845
Sampler Platter	1153	85	54	4	2427
Sampler Platter (Half)	655	49	29	2	1375
Sicilian Pepperoni Rolls	366	19	34	2	630
Signature Trio	437	23	37	2	864
Our Best Wings, Tangy Buffalo	368	33	2	0	860
Our Best Wings, Honey Chipotle BBQ	366	30	8	0	716
Our Best Wings, Smokin' Jalapeno Firehouse	356	31	2	0	766
Our Best Wings, Jamaican Jerk	345	30	2	1	685
Our Best Wings, Volcano	360	31	3	1	871
Basket of Fries, Ranch	259	13	31	4	1020
Basket of Fries, Jamaican Jerk	260	13	31	4	955
Basket of Fries, Plain	253	13	30	3	798
Chips N Salsa	211	10	27	2	129
<b>Side Items</b>					
Coleslaw, Side (1 serving)	188	12	18	2	273
Side Veggies (3 ea. Cel, Car, Bro, Cuc) No Dip	31	0	5	1	32
Side of Veggies and Dip, for Sandwiches (6 ounces)	272	25	8	2	354
French Fries (6 ounces cooked)	320	11	48	5	1041
Steamed Vegetables	78	4	8	3	92
Garlic Bread (1 slice)	171	9	17	1	330
Side of Fried Shrimp (1 serving)	46	1	6	0	200
Side of Guacamole (1 serving)	142	13	8	3	381
Side of Three Meatballs (1 serving)	587	137	19	3	1130

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
		grams			mgs
<b>Sandwiches (Sides not Included)</b>					
Buffalo Chicken Hoagie (1 sandwich)	942	46	84	2	3274
Buffalo Chicken Hoagie, Half (1 sandwich)	473	23	42	1	1714
Burger, Bacon (1 sandwich) (no cheese)	712	39	41	2	1085
Burger, Burger with Chicken Patty (1 sandwich)	407	10	40	2	1134
Burger, Guacamole (1 sandwich)	794	47	44	4	1171
Burger, Guacamole sub Chicken Patty (1 sandwich)	570	24	43	4	1500
Burger, Mushroom Double Swiss (1 sandwich)	929	53	45	3	1092
Burger, Mushroom Sub Chicken Patty (1 sandwich)	704	31	45	3	1421
Burger, Old Chicago Plain (1 sandwich)	632	32	41	2	805
Burger, OC Plain sub Chicken Patty (1 sandwich)	407	10	40	2	1134
Burger, Turkey (1 sandwich)	442	15	39	3	2327
Classic Club Sandwich (1 sandwich)	829	43	72	4	2472
Grilled Chicken Wrap (1 sandwich)	584	24	60	7	2480
Grilled Chicken Wrap, Half (1 sandwich)	297	9	30	3	1085
Melt, American Turkey (1 sandwich)	967	47	75	7	2903
Melt, Blackened Chicken (1 sandwich)	893	47	54	5	2651
Melt, Classic Italian (1 sandwich)	1096	67	65	7	3654
Melt, Classic Reuben (1 sandwich)	1002	52	70	6	4394
Steak N Shroom Sandwich (1 sandwich) (no cheese)	999	61	62	1	1586
<b>Stromboli (sides not included)</b>					
Chicago Seven Stromboli (1 stromboli)	852	50	61	4	2079
Italian Sausage Stromboli (1 stromboli)	924	49	73	6	2448
Meatball Stromboli (1 stromboli)	1139	156	89	8	2588
Philly Chicken Stromboli (1 stromboli)	577	15	67	6	2190
Turkey Stromboli (1 stromboli)	698	29	56	3	2280
Vegetarian 7 Stromboli (1 stromboli)	483	16	64	4	934
<b>Cheese add-ons</b>					
PepperJack (1 oz)	94	8	0	0	175
Provolone (3/4 oz)	80	6	0	0	180
Mozzarella (1 oz)	80	6	0	0	130
Cheddar (1 oz)	100	9	0	0	180
Swiss (1 oz)	110	8	0	0	60

# Old Chicago Menu Guide

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
	grams				mgs
<b>Entrée Salads- Per Serving, includes all dressings and garlic toasts</b>					
Classic Caesar Salad	855	66	38	4	1925
Crispy Chicken Salad	970	66	51	5	1926
Crispy Chicken Salad (Half)	677	46	38	3	1364
Grilled Chicken Caesar	1044	69	38	4	2568
Grilled Chicken Caesar (Half)	609	36	27	3	1438
Oriental Chicken Salad	1102	26	154	9	3314
Oriental Chicken Salad (Half)	697	18	87	5	2185
Southwestern Turkey Cobb	953	71	35	6	2238
Southwestern Turkey Cobb (Half)	715	51	28	4	1800
Tuscan Steak Salad	1043	73	44	10	2124
Tuscan Steak Salad Half	669	44	38	9	1311
<b>Side Salads- Per Serving, includes all dressings, EXCEPT OC HOUSE SALAD</b>					
Antipasto Salad	332	28	9	1	1133
Caesar Side	290	25	10	2	602
Caprese Side	238	20	4	1	521
Old Chicago's House Salad (dressing not included)	108	5	12	2	92
<b>Salad Dressings</b>					
Salad Dressing, Blue Cheese (2 ounces)	311	32	1	0	442
Salad Dressing, Blue Cheese (3 ounces)	466	48	1	0	663
Salad Dressing, French (2 ounces)	220	12	24	0	340
Salad Dressing, French (3 ounces)	330	18	36	0	510
Salad Dressing, Green Chili Ranch (2 ounces)	221	22	4	0	371
Salad Dressing, Green Chili Ranch (3 ounces)	331	33	6	0	557
Salad Dressing, Honey Mustard (2 ounces)	320	28	16	0	270
Salad Dressing, Honey Mustard (3 ounces)	480	42	24	0	405
Salad Dressing, House Italian (2 ounces)	190	19	6	0	800
Salad Dressing, House Italian (3 ounces)	285	29	9	0	1200
Salad Dressing, Ranch (2 ounces)	240	24	3	0	320
Salad Dressing, Ranch (3 ounces)	360	37	4	0	481
Salad Dressing, Sweet Thai Chili (2 ounces)	137	2	29	0	459
Salad Dressing, Sweet Thai Chili (3 ounces)	205	3	43	0	688
Salad Dressing, Thousand Island (2 ounces)	280	26	10	0	520
Salad Dressing, Thousand Island (3 ounces)	420	39	15	0	780

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
	grams				mgs
<b>Condiments</b>					
Ancho Tartar Sauce (2 ounces)	285	30	6	0	426
Ancho Tartar Sauce (3 ounces)	427	45	9	0	640
Cheese Sauce (2 ounces)	159	14	4	0	524
Cheese Sauce (3 ounces)	239	21	6	0	786
Chipotle Cocktail Sauce (2 ounces)	65	0	15	1	553
Chipotle Cocktail Sauce (3 ounces)	98	0	22	1	830
Cocktail Sauce (2 ounces)	70	0	16	1	540
Cocktail Sauce (3 ounces)	105	0	24	2	810
Marinara Sauce (2 ounces)	40	1	7	1	225
Marinara Sauce (3 ounces)	60	2	10	2	338
Pepperoncini (1 pepper)	2	0	0	0	110
Pizza Sauce (2 fluid ounces)	24	1	5	1	120
Pizza Sauce (3 fluid ounces)	36	2	8	1	181
Pizza Sauce (7 fluid ounces)	83	4	19	3	421
Ranch Dressing (1 ounce)	120	12	1	0	160
Ranch Dressing (2 ounces)	240	24	3	0	320
Ranch Dressing (3 ounces)	360	37	4	0	481
Salsa (2 ounces)	16	0	3	0	204
Salsa (3 ounces)	24	0	5	1	306
Side of Sour Cream (0.27 cups)	128	11	4	0	64
Spicy Mustard Sauce (2 fluid ounces)	89	2	18	2	618
Spicy Mustard Sauce (3 fluid ounces)	133	3	28	3	927
<b>Calzones</b>					
Cheese Calzone (1 calzone)	942	38	111	6	1514
Chicago Seven Calzone (1 calzone)	1215	59	119	7	2345
Chicken Club Calzone (1 calzone)	1393	62	144	12	2462
Classic Calzone (1 calzone)	1281	66	115	6	2567
Lunch Box Calzone (1 calzone)	428	12	68	4	703
Meat Me Calzone (1 calzone)	1533	86	118	6	3983
Spinach Artichoke Calzone (1 calzone)	1091	48	120	10	2161
Steak Calzone (1 calzone)	1505	80	120	9	2039
Tomato Caprese Calzone (1 calzone)	1175	58	119	11	1622
Tomato Caprese Calzone, w/Chicken (1 calzone)	1290	64	119	11	2338
Vegetarian 7 Calzone (1 calzone)	1028	42	120	7	1768

# Old Chicago Menu Guide

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
		grams			mgs
<b>Pizzas, Deep Dish - Chicago Style (Individual - 4 slices, Medium - 6 slices, Large - 8 slices, Express - 4 slices)</b>					
Cheese Only, Chicago Style, Individual (1 slice)	342	18	33	2	349
Cheese Only, Chicago Style, Express (1 slice)	163	7	17	1	206
Cheese Only, Chicago Style, Large (1 slice)	457	25	42	2	483
Cheese Only, Chicago Style, Medium (1 slice)	454	24	43	2	475
Chicago Seven Pizza, Chicago Style, Individual (1 slice)	420	24	35	2	588
Chicago Seven Pizza, Chicago Style, Large (1 slice)	554	32	46	3	741
Chicago Seven Pizza, Chicago Style, Medium (1 slice)	529	30	45	3	706
Classic Chicago Style Pizza, Chicago Style, Individual (1 slice)	426	25	34	2	613
Classic Chicago Style Pizza, Chicago Style, Large (1 slice)	546	32	45	3	714
Classic Chicago Style Pizza, Chicago Style, Medium (1 slice)	517	30	43	3	686
Double Deckeroni Pizza, Chicago Style, Individual (1 slice)	463	29	33	2	841
Double Deckeroni Pizza, Chicago Style, Large (1 slice)	612	38	44	3	1043
Double Deckeroni Pizza, Chicago Style, Medium (1 slice)	565	34	43	2	966
Hawaiian Pizza, Chicago Style, Individual (1 slice)	392	19	37	2	704
Hawaiian Pizza, Chicago Style, Large (1 slice)	525	27	48	3	817
Hawaiian Pizza, Chicago Style, Medium (1 slice)	493	25	47	3	787
Meat Me Pizza, Chicago Style, Individual (1 slice)	489	30	34	2	982
Meat Me Pizza, Chicago Style, Large (1 slice)	635	39	45	3	1175
Meat Me Pizza, Chicago Style, Medium (1 slice)	600	36	44	3	1124
Thai Pie, Chicago Style, Individual (1 slice)	395	21	37	2	570
Thai Pie, Chicago Style, Large (1 slice)	552	30	49	3	775
Thai Pie, Chicago Style, Medium (1 slice)	512	27	47	3	716
Tomato Caprese Pizza, Chicago Style, Individual (1 slice)	367	20	35	3	341
Tomato Caprese Pizza, Chicago Style, Large (1 slice)	524	30	46	4	510
Tomato Caprese Pizza, Chicago Style, Medium (1 slice)	469	26	45	4	439
Vegetarian 7 Pizza, Chicago Style, Individual (1 slice)	363	19	35	2	413
Vegetarian 7 Pizza, Chicago Style, Large (1 slice)	498	27	46	3	567
Vegetarian 7 Pizza, Chicago Style, Medium (1 slice)	463	25	45	3	519
<b>Pizzas, Stuffed (Stuffed Pizza - 6 slices)</b>					
Chicago Seven Pizza, Stuffed (1 slice)	320	16	29	2	569
Spinach Artichoke Pizza, Stuffed (1 slice)	279	12	31	2	523

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
		grams			mgs
<b>Pizzas, Thin Crust Style (Individual - 4 slices, 14 inch - 6 slices, Express - 4 slices)</b>					
Cheese Only, Thin Crust, Express, (1 slice)	142	6	14	1	219
Cheese Only, Thin Crust, 14 inch (1 slice)	242	9	28	2	358
Cheese Only, Thin Crust, Individual (1 slice)	220	9	25	1	333
Chicago Seven Pizza, Thin Crust, 14 inch (1 slice)	335	16	31	2	648
Chicago Seven Pizza, Thin Crust, Individual (1 slice)	293	14	27	2	556
Classic, Thin Crust, 14 inch (1 slice)	324	16	29	2	612
Classic, Thin Crust, Individual (1 slice)	295	15	26	2	566
Double Deckeroni Pizza, Thin Crust, 14 inch (1 slice)	418	25	28	2	1071
Double Deckeroni Pizza, Thin Crust, Individual (1 slice)	340	19	25	1	825
Hawaiian Pizza, Thin Crust, 14 inch (1 slice)	302	10	34	2	770
Hawaiian Pizza, Thin Crust, Individual (1 slice)	270	10	29	2	688
Meat Me Pizza, Thin Crust, 14 inch (1 slice)	446	26	29	2	1205
Meat Me Pizza, Thin Crust, Individual (1 slice)	367	21	26	2	966
Thai Pie, Thin Crust, 14 inch (1 slice)	314	13	34	2	652
Thai Pie, Thin Crust, Individual (1 slice)	269	11	28	2	537
Tomato Caprese Pizza, Thin Crust, 14 inch (1 slice)	331	16	32	4	422
Tomato Caprese Pizza, Thin Crust, Individual (1 slice)	242	11	26	3	309
Vegetarian 7 Pizza, Thin Crust, 14 inch (1 slice)	267	10	31	2	436
Vegetarian 7 Pizza, Thin Crust, Individual (1 slice)	241	10	27	2	397
<b>Desserts (see servings per item)</b>					
Applezini (Serves 3 -- 1 serving shown)	359	7	68	2	172
Cheesecake (Serves 3 -- 1 serving shown)	371	22	37	0	248
Cookie, Little Big (Serves 2 -- 1 serving shown)	262	12	27	8	209
Cookie, Big (Serves 4 -- 1 serving shown)	409	19	43	13	326
Cheesecake, Turtle (Serves 3 -- 1 serving shown)	461	28	47	1	281
Ala Mode (Serves 1 -- 1 serving shown)	75	5	7	0	15

# Old Chicago Menu Guide

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
	grams			mgs	
<b>Pastas (Garlic Toast included in all plates)</b>					
Chicken Parmesan (1 serving)	1407	51	144	10	3243
Fettuccine Alfredo (1 serving)	1164	55	135	6	1791
Fettuccine Chicken Alfredo (1 serving)	1268	58	133	6	2703
Fettuccine Chicken Alfredo, Lunch (1 serving)	881	39	98	5	1703
Fettuccine Primavera (1 serving)	1166	51	143	9	1656
Fettuccine Primavera, Lunch (1 serving)	893	39	109	8	1292
Four Cheese Tortelloni & Meat Sauce (1 serving)	1426	55	153	10	2585
Grilled Chicken and Spinach Ravioli (1 serving)	1349	55	128	7	2842
Lasagna, Dinner (1 serving)	1365	68	119	10	3191
Lasagna, Lunch (1 serving)	778	39	70	6	1817
Spaghetti and Meatballs (1 serving)	1383	152	160	12	2190
Spaghetti Marinara, Lunch (1 serving)	807	59	111	8	1234
<b>Kid's Menu Items (for side choices, see below) &amp; (cheese choices on page 1)</b>					
Kid Arch-Rival Alfredo (1 serving) (Garlic Bread not included)	708	33	83	3	1061
Kid Mega Shrimp (1 serving) (choice of side not included)	253	5	40	1	1340
Kid Champion Chicken (1 serving) (choice of side not included)	521	36	21	0	1265
Kid Chicken Alfredo (1 serving) (Garlic Bread not included)	775	34	83	3	1290
Kid Cheesy Chicken Sandwich (1 serving) (choice of side, cheese not included)	270	10	29	2	951
Kid Power Chicken Salad (1 serving) (choice of dressing not included)	130	2	11	2	322
Kid Cheeseburger (1 serving) (choice of side, cheese not included)	405	21	27	1	342
Kid Kraft Macaroni and Cheese (1 serving) (choice of side not included)	340	11	48	2	830
Kid Pizza with POW, Cheese Only (1 slice)	163	7	17	1	206
Kid Scooper Duper Sundae (1 sundae)	295	16	35	0	53
Kid Super'ghetti (1 serving) (Garlic Bread not included, meatball not included)	410	4	87	6	330
Kid Super'ghetti with Meatball (1 serving) (Garlic Bread not included)	590	49	91	6	625
<b>Kid's Menu Side Items</b>					
Kid Applesauce (4 ounces)	97	0	24	1	0
Kid Side Salad (1 salad) (choice of dressing not included)	25	1	4	1	39
Kid Fries (4 ounces)	160	5	24	3	520
Kid Side of Garlic Bread (1 slice)	171	9	17	1	330
Kid Side of Veggies (Dip not included)	10	0	2	1	23
Kid Side of Veggies and Dip, for Sandwiches (3 ounces)	250	25	5	1	344

Menu Item	NUTRITIONAL INFO				
	Calories	Total Fat	Total Carb	Fiber	Sodium
	grams			mgs	
<b>Entrees</b>					
Chicken Rustica (1 serving)	853	43	39	7	2768
Chicken Tenders Dinner, Buffalo (1 serving)	1288	87	74	6	4526
Chicken Tenders Dinner, Plain (1 serving)	1143	72	72	5	3036
Fish and Chips (1 serving)	1493	101	109	8	3733
Fish and Chips, Express (1 serving)	726	52	47	3	1912
Fishermans Catch (1 serving)	1462	82	142	9	4640
Grilled Steak (1 serving)	938	53	57	8	1471
Grilled Steak, Blackened (1 serving)	944	52	60	10	2423
Grilled Steak, Blue Chz Grilled Tomato (1 serving)	964	53	58	9	1657
Grilled Steak, Mushrooms (1 serving)	963	52	61	9	1562
Grilled Steak, Olive and Tomato Cruda (1 serving)	1094	67	62	9	2552
Grilled Steak & Fried Shrimp Platter (1 serving)	1185	58	96	9	2824
Shrimp Basket (1 serving)	1108	44	144	9	4160
Shrimpers Dozen (1 serving)	1291	49	168	9	4960
<b>Pizzas, Original Style - Only Available in Select Regions of US (Medium - 6 slices, Large - 8 slices)</b>					
Cheese Only, Deep Dish, Large (1 slice)	438	25	38	2	530
Cheese Only, Deep Dish, Medium, (1 slice)	427	24	38	2	517
Chicago Seven Pizza, Deep Dish, Large (1 slice)	534	32	42	2	791
Chicago Seven Pizza, Deep Dish, Medium (1 slice)	492	29	39	2	733
Classic, Deep Dish, Large (1 slice)	526	31	41	2	763
Classic, Deep Dish, Medium (1 slice)	491	29	39	2	727
Double Deckeroni Pizza, Deep Dish, Large (1 slice)	592	38	40	2	1093
Double Deckeroni Pizza, Deep Dish, Medium (1 slice)	539	34	38	2	1007
Hawaiian Pizza, Deep Dish, Large (1 slice)	505	27	45	3	867
Hawaiian Pizza, Deep Dish, Medium (1 slice)	493	25	47	3	787
Meat Me Pizza, Deep Dish, Large (1 slice)	616	38	41	2	1224
Meat Me Pizza, Deep Dish, Medium (1 slice)	574	36	39	2	1165
Thai Pie, Deep Dish, Large (1 slice)	532	29	45	3	825
Thai Pie, Deep Dish, Medium (1 slice)	486	26	43	2	756
Tomato Caprese Pizza, Deep Dish, Large (1 slice)	505	29	42	4	560
Tomato Caprese Pizza, Deep Dish, Medium (1 slice)	443	25	40	3	480
Vegetarian 7 Pizza, Deep Dish, Large (1 slice)	479	27	42	2	616
Vegetarian 7 Pizza, Deep Dish, Medium (1 slice)	437	24	40	2	560